

MAPAVILLE LUNCH MENU

SEPTEMBER 2016 - GRADES K - 8

			1 Chili Cornbread Green Beans Pineapple Chunks Skim Milk	2 Hamburger/Bun Lettuce/Tomato Sweet Potato Fries Mandarin Oranges Skim Milk
5 LABOR DAY HOLIDAY	6 Thick Vegetable Soup Peanut Butter Sandwich Tossed Salad Italian Fat Free Dressing Pears/Vanilla Ice Cream Skim Milk	7 Spaghetti & Meat Sauce Peas Mixed Fruit Skim Milk	8 Macaroni & Cheese Cornbread Carrots Tomato Cucumber Onion Salad/Applesauce Skim Milk	9 Beef Taco Plate Brown Rice Black Beans Peaches Skim Milk
12 BBQ Chicken Green Beans Coleslaw Wholegrain Bread Mandarin Oranges Skim Milk	13 Tuna Salad Sandwich Tossed Salad Light Italian Dressing Pineapple Chunks Vanilla Ice Cream Skim Milk	14 Spaghetti & Meat Sauce Peas Mixed Fruit Skim Milk	15 Chicken & Vegetables Yellow Squash Rotini Orange Fruit Cocktail Skim Milk	16 Quiche Macaroni Salad Peas N Carrots Tomato Cucumber Onion Salad Spiced Peaches/Apple Juice Skim Milk
19 Chicken Tenders Potato Rounds Corn Wholegrain Bread Grapes Skim Milk	20 STAFF DEVELOPMENT DAY	21 Turkey Burger/Bun Coleslaw Baked Beans Applesauce Skim Milk	22 Bean Soup Deli Turkey Cheese Sandwich Raw Veggies Cream Dressing Pears Skim Milk	23 Spinach Cheese Egg Casserole O'Brien Potatoes Green Beans Wholegrain Biscuit Pears Skim Milk
26 Ground Beef/Spanish Rice Carrots Whole Wheat Bun Applesauce Skim Milk	27 Catfish Spinach Corn Hamburger Bun Fruit Cocktail Skim Milk	28 Western Eggs Baked Beans Raw Tomatoes Pineapple Chunks Skim Milk	29 Beef Bean Tamale Pie Yellow Squash Brown Rice Mixed Fruit Skim Milk	30 Tuna Cheese Rotini Casserole Tossed Salad Fat Free Ranch Dressing Fresh Strawberries Oatmeal Muffin Square Skim Milk

Menu Subject to Change

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